

## Get the most out of Judging and Entering A&S

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### REMEMBER

- Everyone is passionate about something, and wants to share that with others
- You are a person who's interested in what others are passionate about
- Life is just one big show-and-tell
- Sharing is vulnerable, focus on empathy
- The only points to score are on the judging sheet – not in the game of life

### JUDGING GUIDELINES

HOW: It's all about attitude: Beginners mind, Attitude of Gratitude, Curiosity, Be a learner, Co-voyager

WHAT: Ask questions – open ended, engage, "tell me more about." Use the criteria. Find something specific to compliment (everyone sees through the compliment sandwich)

GIVE INPUT: If you're an expert.... Wait till the end! You are the student. Offer resources, suggest areas to explore, give them next steps. Be an ally. Be your favorite teacher. Inspire them to come back

If you're not an expert... Use the criteria. Work with the other judges. Offer your perspective on quality and effort, period mindset

### ENTERING/PRESENTING GUIDELINES

WHY: What do you want out of the experience? Is this the best venue for your goals?

PLAN: Read the criteria! Plan your work against the criteria! Score yourself before entering. Get feedback ahead.

HOW: Assume they are your allies. Be in the moment. You are not your work. You are being brave. All feedback is useful feedback.

WHAT: Breathe. Ask clarifying questions: "Do you mean..." You are the teacher. Be a colleague